

Organized by the  
Bulgarian and Hellenic  
Foot and Ankle  
Societies

Under the auspices of the



European Foot and Ankle  
Society



Hellenic Association of Orthopaedic  
Surgery & Traumatology



Orthopaedic & Traumatologic  
Association of Macedonia & Thrace



EUROPEAN  
INTERBALKAN  
MEDICAL CENTER



# FIRST BALKAN FOOT AND ANKLE MEETING

**6-8th SEPTEMBER 2018**

EUROPEAN INTERBALKAN MEDICAL CENTER  
THESSALONIKI GREECE

**ABSTRACTS SUBMISSION DEADLINE: 30 JULY 2018**

register online: [www.gbfootandankle.eu](http://www.gbfootandankle.eu)



**MED CONGRESS**

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## Thursday September 06

16.00-16.30 REGISTRATIONS

16.30-18.00 FOOT & ANKLE APPLIED BIOMECHANICS AND DEFORMITIES

### Applied Foot & Ankle Biomechanics

*N. Gougoulis, Greece*

### Compensation patterns relative to foot misalignment and dysfunction

*M. Panagiotidou, Greece*

### Planovalgus foot reconstruction

*V. Protsko, Russia*

### Cavovarus foot reconstruction

*T. Oğüt, Turkey*

18.00-18.30 DIABETIC FOOT: THE MULTIDISCIPLINARY TEAM APPROACH IN THE UK - MANAGEMENT OF SEPTIC FOOT AND BONE INFECTION

Lecturer: *A. Wee, United Kingdom*

18.30-19.00 OPENING SESSION

*M. Delmi - A. Katsarov, Bulgaria*

19.00 WELCOME RECEPTION

## Friday September 07

09.00-11.00 FOREFOOT

### A new simple algorithm for decision making in hallux valgus

*T. Esemeneli, Turkey*

### Scarf osteotomy

*K. Buedts, Belgium*

### Revision hallux valgus surgery

*L. Makinyan, Russia*

### Modified osteotomy Helal in the treatment severe forms of metatarsalgia and hammer toe deformities

*A. Mazalov, Russia*

**MTPJ instability and the plantar plate**

*D. Bobrov, Russia*

**MIS forefoot surgery**

*D. Hatzimmanuil, Greece*

11.00-11.30 BREAK

11.30-12.30 FREE PAPERS

12.30-14.00 INDUSTRY SATELLITE SYMPOSIA - LUNCH BREAK

14.00-16.00 HIND FOOT

**Hindfoot arthritis. Treatment alternatives**

*T. Badekas, Greece*

**Deformity correction around ankle and hindfoot**

*M. Drobnič, Slovenia*

**Ankle Arthroplasty**

*K. Buedts, Belgium*

**Neuropathic diabetic foot reconstruction**

*V. Obolenskiy, Russia*

16.00-17.00 ANKLE TRAUMA

**Syndesmotic Injuries – “High Ankle Sprain”**

*A. Katsarov, Bulgaria*

**Ankle Fractures**

*A. Eleftheropoulos, Greece*

**Pilon Fractures. Why we left early surgery?**

*R. Kastelov, Bulgaria*

## Saturday September 08

09.00-10.30 ARTHROSCOPY - SPORTS INJURIES

**Chronic pain after an ankle sprain - how to set an anatomic diagnosis**

*M. Drobnič, Slovenia*

## FIRST BALKAN FOOT AND ANKLE MEETING

Arthroscopy: Technique and indications

**N. Gougoulías**, Greece

Talus Osteochondral lesions

**K. Irgit**, Turkey

Endoscopic treatment of insertional Achilles tendinopathy

**S. Tamoev**, Russia

10.30-11.00 **BREAK**

11.00-12.30 **FOOT FRACTURES; ACHILLES' TENDON RUPTURES**

**Acute & Chronic Achilles tendon ruptures**

**K. Irgit**, Turkey

**Calcaneal fractures**

**E. Neshev**, Bulgaria

**Talus fractures**

**S. Assiov**, Bulgaria

**Lisfranc's injuries**

**P. Symeonidis**, Greece

12.30-13.00 **CLOSING REMARKS AND ADJOURN**

**A. Katsarov**, Bulgaria - **P. Symeonidis**, Greece

## FACULTY

**S. Assiov**, Bulgaria

**T. Badekas**, MD, Director 3rd Orthopedic Clinic Henry Dunant Hospital. Athens, Greece,  
Past President Greek Foot and Ankle Society Council Member EFAS

**D. Bobrov**, M.D., Ph.D., Associate Professor Sechenov University, The Department of Traumatology, Orthopedics and Disaster Surgery, Russia

**K. Buedts**, Consultant Orthopedic and Trauma surgeon, Head of Foot and Ankle Unit, Orthopedic Department ZNA Middelheim, Belgium, EFAS Council Member, Ass.Editor Foot Ankle Surgery journal Editorial Board Foot Ankle International journal

**M. Delmi**, EFAS President

**M. Drobníč**, Consultant Orthopedic Surgeon Department of Orthopedic Surgery, University Medical Center Ljubljana, Slovenia, IMS - Institute for medicine and sports, Ljubljana, Slovenia

**A. Eleftheropoulos**, Orthopaedic Foot and Ankle Surgeon, Clinical Director Orthopaedic Dept., Naousa General Hospital, Greece

**T. Esemeneli**, Professor of Orthopedics and Traumatology, Istanbul Kent University Istanbul Academic Hospital, Turkey

**N. Gougoulis**, MD, PhD, Consultant Orthopaedic Foot and Ankle Surgeon Frimley Park Hospital, UK, Private Practice, Greece, Member of EFAS Education Committee

**D. Hatziemmanuil**, MD, Foot and Ankle Surgeon, Interbalkan Medical Centre Thessaloniki, Greece

**K. Irgit**, Assoc. Professor Marmara School of Medicine, Istanbul, Orthopedics and Traumatology, Chief of Foot and Ankle Division, President of Turkish Foot and Ankle Surgery

**R. Kastelov**, Bulgaria

**A. Katsarov**, MD, PhD, Orthopaedic, President of the Organizing Committee

**L. Makinyan**, MD, PhD, Docent Senior lecturer at the chair of Traumatology and Orthopaedics, PFUR

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**E. Neshev**, (Bulgaria)

**V. Obolenskiy**, PhD, Head of the Septic Surgery Unit, City Clinical Hospital, Moscow, Russia

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**S. Tamojev**, MD, PhD, Dept. of Foot Surgery of Sergey Yudin City Hospital Moscow, Russia

**A. Wee**, FRCS (Tr&Orth), Consultant Orthopaedic Foot and Ankle Surgeon Frimley Park Hospital, UK, Surrey Foot & Ankle Clinic, United Kingdom